

Practice

Create a plan for your next steps in community.

When we learn to stay and re-engage when we're frustrated with community, we make space for deeper and transformative relationships.

For our final exercise, complete this guided reflection to help you discern God's invitations to you.

To Start

- Pause for a moment to quiet yourself before God. Take a few deep breaths. Let yourself come to stillness.
- Invite the Holy Spirit to fill your mind and imagination, and guide your heart into his will.

Prayerfully reflect on the following questions:

- Close your eyes and imagine your life 3-5 years from now.
 - What's your ideal vision of living in community?
 - How do you dream of doing life in a more relational way?
 - What kind of close friends do you have?
 - What does your kinship group look like?
 - What kind of rhythms do you live by?
 - How do you move through life together?
- Just dream for a few moments and write down your preferred future.
- What next steps do you sense the Spirit inviting you to take to move toward this vision? They are likely small. Write down 2-3 next steps.

To End

- Quietly offer your dreams, desires, questions, and fears to God ... ask him, who “sets the solitary in families,” to pastor you into community, and incrementally shape you into a person of love.